


# Great Space Walk



A journey in seven stages, from your bathroom via the church, summer pastures and a stone desert back into your everyday life.

# Checklist:

- The audio tracks for spaces 01 and 02 can be played online on our website. As of space 03 (Rettenbachalm), the trail moves in an **internet-free space** , therefore downloading the files is absolutely necessary.
- The effect of the composition only unfolds when you listen to it in stereo. Please always use headphones when listening, ideally in-ear-headphones, they weigh little and are the best for windy conditions.
- It is important to play the tracks in

single track mode so that the next track won't start automatically.

- We recommend using a clasp or a ribbon to wear around your neck so that you won't have to hold the phone in your hands.
- For safe orientation on the trail in the mountains, we recommend using the GPS track with the Alpenvereinaktiv or Outdooractive app. <https://www.alpenvereinaktiv.com/de/tour/grosser-welt-raum-weg/802614683/>



---

# Stage

---

## Embark on the Great Space Walk in your bathroom

---

### Space 1

---



Location: Bathroom  
Listening time: 5 minutes  
Voices: Edith Pühringer, David Steindl-Rast, Harald Welzer, Ariadne von Schirach. English version performed by the actors Philipp Hochmair, Emma Nova, Laurence Rupp and Angela Winkler.

The Great Space Walk begins in your home, in the bathroom. Close the door. Take your smartphone, connect it to your headphones, open track 01, go to the sink. While listening, your hands should be free, therefore place your phone somewhere else. Press play (Track 01).

Should you be starting at the Trinkhalle Bad Ischl, there are bathrooms downstairs in the basement, you can use a sink there.

---

*Journey to Bad Ischl.*

---

# Stage ①

---

Bad Ischl → Rettenbachalm → Ischlerhütte

Up to Space 3: accessible all year round and by car. ❄️

Leaving Rettenbachalm: **Internet-free space** 📶 Download the audio files and instructions in advance and test them in flight mode without a WiFi connection.

---

The Great Space Walk can be hiked in modules, e.g. only from your bathroom to the church, bathroom to Rettenbachalm, or to the start of the hiking trail. From Rettenbachalm, which

is accessible by car, taxi or bike, a hiking trail leads you to Ischlerhütte (about three hours). There you will be able to eat well and hike back down, or you could stay overnight and continue hiking the next day.

---



---

# Space 2

---



Location: Bench in front of the parish church  
Listening time: 30 minutes  
Voices: Elisabeth von Samsonow, Jutta Leskovar, Christian Öhler, Anna Morbitzer-Sassi, Aleida Assmann, Hubert von Goisern, Edith Pühringer, Rebecca Raue.

In Bad Ischl, standing in front of the parish church facing the main door, there is a bench to the right. This is where Space 2 begins. Sit down, press play (Track 02), put your phone



in the pocket and follow the voices ...

Important: Should there be a mass or some other event taking place in the church, please wait or come back later.

---



## ATTENTION

From here on: Internet-free space! Download audio files and instructions in advance for the internet-free space and test them in flight mode without a WiFi connection.



---

# Space 3

---



Location: Rettenbachalm  
Listening time: 10 minutes  
Voices: Edith Pühringer, Gerlinde Kaltenbrunner,  
Hubert von Goisern, Herbert Grill,  
Harald Stachelscheid, Rebecca Raue.

To get to Rettttenbachalm, use a car (or a shuttle for 8 euros, [www.salzkammergutshuttle.at](http://www.salzkammergutshuttle.at), 20 minutes driving time), a bike or just walk (3 h

walking time).

Standing in front of the Gasthaus Rettenbachalm, you'll see a path going slightly downhill away from the guesthouse. Follow the path, to the right, you'll see a hunter's stand. Go to the hunter's stand. Position yourself so that your back is turned to the hunter's stand, don't put down your backpack and look – as depicted in the picture – to take in the breadth of the alpine pastures. Press play (Track 03).

Important: Should there be cows grazing, please keep a respectful distance and find another place near the pasture where there are no animals. The

distance should be the length of two busses.

In winter, should there be a cross country skiing track crossing the meadow, look for another accessible place nearby.

---

## !!! ATTENTION

From Rettenbachalm, the trail leads through alpine terrain. There are therefore the corresponding risks and dangers. It is the responsibility of each person taking the route to check whether they have the necessary skills and knowledge to deal with the resulting dangers. Everyone is responsible for obtaining the necessary professional advice. Nature conservation



regulations must be complied with. An unaccompanied, unguided ascent from the Ischlerhütte on is only recommended for experienced mountaineers. At three points (tracks 8, 9, 12), the Great Space Walk takes a side trip into pathless terrain, leaving the marked trails. Track 8 leads into the immediate vicinity of an unsecured doline, a sinkhole. There is an increased danger of falling. Here, too, you walk at your own risk. It is not recommended to hike the trails in snowy conditions and in off-season when the cabins are closed. In the Totes Gebirge, there is no telephone network available over long distances and emergency calls cannot be made.

Make sure to take sufficient drinking water with you on the tour!

---

Walking time Rettenbachalm → Ischlerhütte about 3 h

---

## Space 4

---



Location: Turnoff into the mountain forest to Ischlerhütte  
Listening Time: 14 minutes  
Voice: Gerlinde Kaltenbrunner.

The first part of the trail from Rettenbachalm to Ischlerhütte runs along a forestry road. After about 25 minutes, at the rear end of the alm, you will walk around a curve in the forestry road. At this curve, follow the path to the left towards Ischlerhütte (and not towards Nagl Steig/Blaaa Alm). There will be a turnoff to the right, into the forest, which will lead you to Ischlerhütte – this is where the next audio track will start. Don't take off your backpack and press play (Track 04).



# Space 5



Location: Beerensattel on front of the Schwarzenbergalm  
Listening time: 5 minutes  
Voices: Aleida Assmann, Gerlinde Kaltenbrunner.

After two to three hours, you will reach Beerensattel near Ischlerhütte, just before the Schwarzenbergalm. Press play (Track 05) and continue walking.



## *Staying overnight at Ischlerhütte.*

---

### Stage ②

---

Ischlerhütte → Hochkogelhaus

 **Internet-free space**

Entire walking time: about 3 hours

If you want to, take your headlamp and leave before dawn under the clear skies and the stars. First follow the path on the alm and then the mountain hiking trail. You'll see the sky slowly brightening, until you no longer need the headlamp in the dawn. Arriving at a mountain meadow, wait and experience the

sunrise. After a short descent to the Hochkogelhaus, you can relax after the early start, enjoy the good food and gather strength for the next day, the queen's stage. But you could also rest longer and leave the Ischlerhütte in the morning after sunrise. The mountain hike, in some places, requires sure-footedness and concentration!

---

# Space 6

---



Location: mountain meadow at the crossroads  
Listening time: 6 minutes  
Voices: Anne Tlach, Gerlinde Kaltenbrunner,  
Elisabeth von Samsonow.

It is a beautiful experience, if you are here at sunrise. Hiking here from the

Ischlerhütte will take an hour and a half to two hours. Look for a comfortable place to sit in the vicinity of the sign. Wait, if you left early, for the sunrise. If (in case of clear skies) the sunlight light on the meadow above is about ten meters away from you, look towards the rising sun and press play (Track 06).

---

*Stay overnight  
at Hochkogelhaus.*



---

## Stage ③

---

Hochkogelhaus → Appelhaus

Alternatives: Rinnerhütte\* and  
Wildenseehütte\*

\*(Rinnerhütte: Limited number of beds  
/ Wildenseehütte only with the key pro-  
vided by Sektion Auserland)

 **Internet-free space**

Walking time for the entire way:  
about 8 hours to Appelhaus.

\*(About 6 hours to Rinnerhütte, about 7  
hours to Wildenseehütte.)

*Take your time for listening and use  
these listening spaces for breaks.*

Stage three is the queen's stage, of-

ten underestimated by mountaineers. You will start early in the morning; your path will take you into one of the loneliest and entirely unspoilt areas of the Alps. The path leads you across rugged rocks you will cross one of the loneliest parts of the Totes Gebirge, then down to Wildensee and through a high forest (Henarwald) to Appelhaus, alternatively to Rinner- or Wildenseehütte.

---

# Space 7

---



Location: Path across rugged rocks

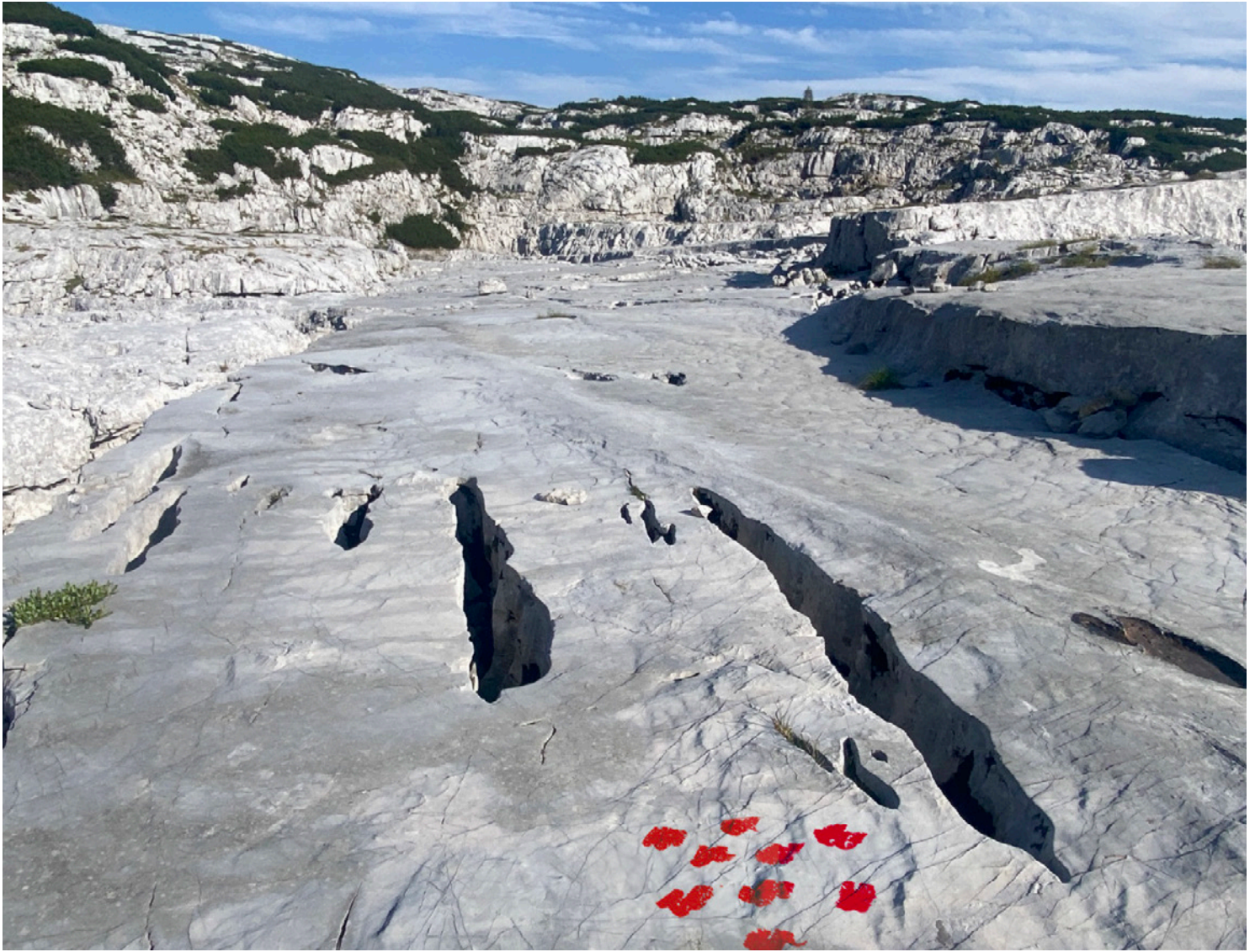
Listening time: 13 minutes

Voices: Elisabeth von Samsonow, Christoph Hühnmair.

After two to three hours you will reach Space 7. When you arrive at the signpost, press play (Track 07) leave your backpack on your back and continue walking.



# Space 8



Location: Stone plateau/opening  
Listening time: 20 minutes  
Voices: Christoph Hühmair, Elisabeth von Samsonow,  
Ariadne von Schirach.

The audio trail leads into the immediate vicinity of an unsecured sinkhole.

There is a risk of falling!

Here as well as on the entire trail,



participating in the audiowalk is at  
your own risk.

After about an hour you will reach  
Space 8. At the arrow with the num-  
ber 8, leave the trail turning right and  
follow the red dots on the ground for  
about 130 meters until you reach the  
mark with the nine dots. Press play  
(Track 08) and follow the voices.  
Please leave all stones in this area  
where they are.

---

*Stay overnight at Appelhaus or  
Rinnerhütte / Wildenseehütte.*

---

# Stage ④

---

Appelhaus → Pühringerhütte

 **Internet-free space**

Walking time for the entire way: about 5.5 hours (from Appelhaus)

The fourth stage is a hike along the high plateau, a world between meadows and rocks, downhill to Elmgrube and then again uphill to Elmsee and Pühringerhütte.

---

# Space 9

---



Location: Wieslacke  
Listening time: 5 minutes  
Voice: Harald Welzer.

After two to three hours (from Appelhauhaus) you will arrive at Wieslacke. When at the sign, climb up the rocks for about 25 meters along the marks with the red dots, look for a good



place, sit down with the water place in view and press play (Track 09).

---

## Space 10

---



IMPORTANT: First go to Pühringerhütte, then from there at night to the listening space.



Location: Rock, 5 minutes from Pühringerhütte  
Listening time: 12 minutes  
Voices: David Steindl-Rast, Elisabeth von Samsonow.

After sundown, in the dark, walk five minutes from Pühringerhütte to a flat, large rock on the hiking trail, sit down, switch off the headlamp and press play (Track 10). Should you be hiking in a group, wait to press play until everyone has found a seat and is quiet.

---

*Stay overnight  
at Pühringerhütte.*

---

# Stage ⑤

---

Pühringerhütte → Prielschutzhaus

 **Internet-free space**

Walking time for the entire way:  
about 7 hours

Stage five is a climb up to the passage into a stone world, into the stone desert of Totes Gebirge. From there, you will step out of the world of the high plateau, look down into the vegetated valley and descent to Prielschutzhaus.

---

# Space 11

---



Location: Rotkogelsattel

Listening time: 5 minutes

Voices: Gerlinde Kaltenbrunner, Elisabeth von Samsonow.

After two to three hours you will arrive at Space 11. Press play (Track 11) at the starting point, leave your backpack on your back and continue walking.



---

# Space 12

---



Location: Stone desert

Listening time: 5 minutes

Voices: Aleida Assmann, Stefan Nuspl, Ariadne von Schirach, Christoph Hühmair.

After about two hours you will reach Space 12. At the arrow with the number 12, you will leave the trail turning to the left and follow the red dots



on the ground for about 130 meters  
to the mark with the nine red dots.  
Press play (Track 12).  
Please leave the stones where they  
are in the entire area.

---

*Stay overnight at  
Prielschutzhaus.*

---

# Stage ⑥

---

Prielschutzhaus → Hinterstoder

End of internet-free zone

Entire walking time: about 2.5 hours

From the slightly lower lying cabin you go downhill, walking east, through Polsterlucke to Hinterstoder.

# Space 13



Location:

Traffic sign at parking lot Polsterlucke

Listening time:

4 minutes

Voices:

Elisabeth von Samsonow, Veronika Kirchner.

After a descent of two to three hours, you will reach Space 13. Position yourself **directly next to** the traffic sign, look towards the intersection and press play (Track 13).

200 meters from Space 13, there is a bus stop for regional busses to Hinterstoder. Or you could walk for 15 minutes.

---

*Returning  
from Hinterstoder.*



---

# Stage

---

## Space 14

---



Location: Everyday space  
Listening time: 9 minutes  
Voice: Wanda Golonka.

A day after arriving back, go into one of your everyday spaces (living room, kitchen, etc.). In a quiet moment alone, at daylight, press play (Track 14).

# Service:

Attention: In the Totes Gebirge, there is no telephone network available over long distances.

## Mountain rescue

112

140 (Rotes Kreuz)

## Ischlerhütte

Cabin telephone: +43 3622 71148

Mobile: +43 699 11 772 661

## Hochkogelhaus

Mobile: +43 676 83 940 493

## Wildenseehütte

Mobile: +43 664 461 60 04

## Appelhaus

Mobile: +43 676 333 66 68

## Pühringerhütte

Mobile: +43 664 93 27 24 46

## Prielschutzhaus

Cabin telephone: +43 7564 20602

Mobile: +43 699 171 770 80